



# Cardio Lipid 2011

The 14<sup>th</sup> Annual Lipid Day

&

Interactive Cardiology Course

6<sup>th</sup> Annual meeting of the working group for  
Lipidology, Vascular biology and Research

(WGLVR)

16<sup>th</sup> – 18<sup>th</sup> November 2011

Stella Di Mare Grand

Ain Sokhna – Egypt

[www.cardiolipid.com](http://www.cardiolipid.com)



**President of EgySC**

**Prof. Mohamed Sobhy, M.D., FACC, FESC**



**President of WGLVR**

**Director of Scientific program**

**Prof. Ashraf Reda, M.D., FESC**



**WGLVR Vice President**

**Prof. M. Wafaie Aboul Enein, MD., FACC**



## Welcome Address

Dear colleagues, it gives me a great pleasure to invite you to participate in Cardio Lipid 2011 which will be held at Stella De Mare convention centre, Ain Sokhna Egypt from 16 to 18 November 2011. In accordance with the mission and objectives of the working group for Lipidology, vascular biology and research (WGLVR), the meeting, this year, will focus on Lipidology science and its applications and implication on CV disease prevention and management. Interactive discussion will, as usual, be a significant part of the congress scientific program. On behalf of the working group for Lipidology, Vascular biology, and Research (WGLVR) let me wish you fruitful and enjoyable conference.

**Ashraf Reda M.D.FESC**

President of "WGLVR"

Chairman of the congress

## Board of the Egyptian Society of Cardiology

- Mohamed Sobhy                      President
- Sherif El Tobgy                      Vice President
- M. Awad Taher                      Secretary
- Adel El Etriby                      Treasurer
- Ali Ramzy                      Past president
- Khairy Abdel Dayem                      Past vice-president
- Sherif Mokhtar                      Member
- Mokhtar Gomaa                      Member
- Ahmed Nassar                      Member
- Ashraf Reda                      Member
- Mahmoud Hassanein                      Member
- Hesham Aboul Enein                      Member
- Abdel Fattah Ferer                      Member
- Ossama Sanad                      Member
- Yehia Kishk                      Member

# The Working Group for Lipidology, Vascular biology and Research "WGLVR"

## **President**

Prof. Ashraf Reda

## **Vice President**

Prof. M. Wafaie Aboul Enein

## **Nucleus Members**

Prof. Ashraf Reda

Prof. M. Wafaie Aboul Enein

Prof. Soliman Ghareeb

Prof. Ihab Abdel Fatah

Prof. Atef El Bahry

## About the Lipid Day

The Annual lipid day has been started in 1998, the first meeting was held in Shebin ElKom, Menofiya attended at that time by about 80 experts in the fields of cardiology, Diabetes and cardiovascular protection. The extensive discussion during the meeting and the rapid progression of the knowledge in the field of Lipidology and atherosclerosis raised the idea of repeating this meeting annually. From 1998 to 2003 the meeting was held annually in the second Thursday of Ramadan for one day activity. Since 2004 the Lipid day was joined by the annual interactive cardiology course discussing interesting cases with audio-reply system, not only in the field of lipidology, atherosclerosis and cardiovascular protection, but also in clinical and interventional cardiology. Since that time the meeting was held in Stella-Di Mare conventional centre, Ain Sokhna, Egypt in 3 days activity. During The 8th annual Lipid Day (2005) the idea and proposed design of a multi-center clinical survey of the risk factor profile in Egyptian and Arab patients with acute coronary syndrome (The Egyptian Risk Factors and Lipid project) was discussed. The 9th annual Lipid day (2006) celebrated the founding of the Egyptian working group for Lipidology, Vascular Biology and Research (WGLVR), as a division of the Egyptian Society of Cardiology. The name of the meeting has been changed to Cardio Lipid congress. Cardio Lipid 2006 included, in addition to the 9th annual Lipid Day and interactive Cardiology Coarse, the 1st annual meeting of the working group as well as the Delta Cardio activity of that year. From 2007 to 2011 the congress faculty included foreign guest experts and has been internationally recognized and accredited by EBAC.

## Founding Members

Abdel Fatah Ferer  
Abdel Monem Ibrahim  
Adel El Etriby  
Abdala Abo Hashem  
Ahmed Abdel Latif Ramadan  
Abd El-Rahman Sharaf El Din  
Ahmed Ahmed Khashaba  
Ahmed El Hawary  
Ahmed Magdy  
Ahmed El-Kersh  
Ahmed Emara  
Ahmed Zyada  
Alaa Hataba  
Aliaa Abdel Fattah  
Amany Serag  
Assem Fathy  
Ashraf Badawi  
Ashraf Shokry Farid  
Atef El Bahary  
Awni Soliman  
Ayman Aboul Magd  
Ayser AbdelAziz Elsayed  
El Sayed Abdel Khalek  
Elwy Elkady  
Galal El-Saeid  
Gamila Mohamed Nasr  
Hamza Kabil  
Hany Ragy  
Hasan Ellaban  
Hazem Khamis  
Hisham Hassan  
Hossam Mansour  
Ihab Abdel Fatah  
Ihab El Hefny  
Kamal Mohamed Ahmed  
Khalid El Minyawi  
Khalid Mubarak  
Magdy Rashwan  
Mahmoud Kamel Ahmed  
Mahmoud Soliman  
Mohamed Moharam  
Mohamed Abdel Rahman  
Mohamed Gamal  
Mohamed Ayman Abdel Hay  
Nabil Farag  
Nevine El Gabry  
Noshy Mikhael  
Omar Awad  
Omar Ismail  
Omnya Nael  
Ramzy El Mawardy  
Safaa Zaghlool  
Saeid Shalaby  
Sameh Emil  
Sanaa Abdel Shafy  
Sherif El Tobgy  
Sherif Samir Moustafa El Zahy  
Soliman Gharib  
Tarek Abdel Moneam  
Tarek El Rashidy  
Wael El Naggarr  
Wael Shokka  
Wafaa Attia  
Wagdy Galal  
Wahid Radwan  
Walaa Farid  
Yasser Gomaa

## Our Mission

**L**owering cholesterol in the community and,

**I**mproving standards of patient care through,

**P**roviding accurate medical information and,

**I**mproving national data base by,

**D**eveloping and supporting medical research

## Theme Areas

- Lipidology
- Vascular Biology
- Research

## Scientific Topics

- Genetic bases for hypertriglyceridemia
- The cholesterol ester transfer protein inhibitors: current position and future prospects
- LDL glycation and diabetic atherosclerosis:
- Hyperlipidaemia and cardiovascular disease: do fibrates have a role?
- HDL- platelet interaction : The role of SR-B1 receptors
- Neural regulation of cholesterol metabolism
- Cardiovascular risk factors in inflammatory arthritis
- Aggressive statin therapy versus combined and emerging approaches
- Diabetes and cardiovascular disease: new perspectives
- Chronobiology, genetics and metabolic syndrome
- Mechanisms for the anti-inflammatory effects of statins
- Metabolic and functional relevance of HDL subspecies
- Statin/ezetimibe combination therapy: emerging evidence
- Possible contributions of lipoproteins and cholesterol to the pathogenesis of diabetes mellitus type II
- Cardiovascular event reduction and adverse events among subjects attaining low-density lipoprotein cholesterol <50 mg/dl. The JUPITER trial

- **Statin therapy and the risk of new onset Type II DM**
- **Spotlight on PPAR Therapy in Cardiovascular Disease**
- **LDL glycation and diabetic atherosclerosis**
- **Spectrum of lipid abnormalities in patients with CAD**
- **Role of HDL raising therapies in progressive atherosclerotic disease**
- **Immune responses regulating the response to vascular injury**
- **Omega III and cardiovascular risk reduction**
- **Bariatric surgery and its effect on obesity and metabolic parameters**
- **WGLVR CME session (Dyslipidemia Guideline update)**

# General Information

## Venue

Cardio Lipid Conference is held at Stella Di Mare, in Ain Sokhna, Egypt.

Stella Di Mare is located on a magnificent site, facing the Red Sea on the north.

Stella Di Mare is about 120 min by Car from Cairo.

## Language

The official language is English.

There will be no translation available

## Conference Web Site

[www.Cardiolipid.com](http://www.Cardiolipid.com)

## Weather

Throughout Egypt, days are commonly warm or hot, and nights are cool. In the coastal regions, temperatures range between an average minimum of 14°C and an average maximum of 30°C in summer

## Housing

Rooms are blocked for conference participants in

- Stella Grand Hotel
- Sea Club Hotel

## Transportation

The conference provides shuttle bus services for all participants from and back to their destinations, according to a schedule.

All buses will move back to different destinations,

**Friday, 18 November, 2011 at 13:00**

## Food & Beverage

- All rooms are on half board basis; Lunch is only served upon coupon after the end of last sessions at Stella Grand Hotel only.
- Breakfast & Dinner are served in each hotel

Coffee Break will be served on the following allocated time

<u>Wednesday</u> , November 16 <sup>th</sup> <b>(From 16:00 to 16:30)</b>
<u>Wednesday</u> , November 16 <sup>th</sup> <b>(From 19:50 to 20:05)</b>
<u>Thursday</u> , November 17 <sup>th</sup> <b>(From 16:30 to 17:00)</b>
<u>Thursday</u> , November 17 <sup>th</sup> <b>(From 19:30 to 19:45)</b>

Lunch will be served on the following allocated time

<u>Wednesday</u> , November 16 <sup>th</sup> <b>(From 13:30 to 15:00 )</b>
<u>Thursday</u> , November 17 <sup>th</sup> <b>(From 12:20 to 14:30)</b>

Dinner will be served on the following allocated time In Main Restaurant in Each Hotel

<u>Wednesday</u> , November 16 <sup>th</sup> <b>(From 21:25 )</b>
<u>Thursday</u> , November 17 <sup>th</sup> <b>(From 21:15)</b>

## Exhibition

Exhibition area gathering the largest pharmaceutical, medical companies interested in the field of Cardiology will be held during the 3 days of the conference. We expect to have an attendance of about 500 expert doctors from all medical specialties.

## Organizational Notes

Phones should be turned off during the sessions. Smoking is totally forbidden in all areas in the Convention Center

## Registration Hours

Registration desk will be ready on Wednesday from 11:30 am to 7:00 pm

## Badges

All participants, accompanying guests and exhibitors must wear their name badge to have access to congress and social events. No exceptions will be made

## Credit Hours System

Individual Credit hours for attending the conference (According to Barcode System)

Credit hours for the different sessions will be provided at end of each session, certification with the number of credit hours will depend on getting a proof from attendance analysis of the barcode system.

Certificate will be issued ONCE with the actual ratio of scientific attendance

**EBAC**

**EGYBAC**

# Organizing Office in charge



**I**nternational **C**enter for **O**rganization & **M**arketing

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**Website:** [www.icomegypt.com](http://www.icomegypt.com)

## Acknowledgment



**RANBAXY**



A red ribbon graphic with a white outline, featuring a central rectangular panel and two side flaps that curve outwards. The ribbon is centered on a white background.

**Scientific  
Program**

Wednesday 17 / Nov/2011

**Lunch**

**15:00 - 16:00**

**Tea Time**

**16:00 - 16:30**

16:30- 17:30

### Session I

**Chairpersons (by alphabetical order)**

Abdallah Abou Hashem

Ayman El Saeed

Mahmoud Kamel

Mahmoud Soliman

Mohamed El Gawady

Samia El Kady

**Moderator**

Fayez Fayek

**16:30- 16:45** Aggressive Statin Therapy Versus Combined and Emerging Approaches

**Ahmed Abdel Latif Ramadan**

**Al Azhar**

**16:45- 16:50** Discussion

**16:50- 17:05** Cholesterol Ester Transfer Protein Inhibitors: Current Position and Future Prospects

**Yasser Baghdady**

**Cairo**

**17:05-17:10** Discussion

**17:10- 17:25** Spectrum of Lipid Abnormalities in Patient with CAD

**Mohamed Oraby**

**Suez Canal**

**17:25-17:30** Discussion

Wednesday, 16-Nov-2011

17:30-18:50

## Session II

### Chairperson (by alphabetical order)

Abdel Fattah Ferer

Mohamed El Noamany

Tarek El Zawawy

Ahmed Shafie Ammar

Sayed Abdel Khalek

Tarek K. Abdel Dayem

### Moderator

Mokhtar Gomaa

17:30- 17:45 Hyperlipidaemia and Cardiovascular Disease:  
Do Fibrates Have a Role?

M.Wafaie Aboul Enein

Zagazig

17:45-17:50 Discussion

17:50- 18:05 HDL-Platelet Interaction: The Role of SR-B1  
Receptors

Atef El Bahary

Portsaid

18:05- 18:10 Discussion

18:10- 18:25 Atherosclerosis Immaging and Screening for  
Atherosclerosis

Hesham Aboul Enein

Banha

18:25-18:30 Discussion

18:30-18:45 Cardiovascular Risk Factors in Inflammatory  
Arthritis

Sameh Salama

Cairo

18:45- 18:50 Discussion

Wednesday, 16-Nov-2011

18:50 -19:50

### Session III

#### Chairpersons ( by alphabetical order )

Ahmed Abdel Moneim

Ahmed El Kersh

Hesham Boshra

Nabil Gobran

Tarek Abdel Moneim

#### Moderator

Mohsen Ibrahim

**18:50- 19:05** Immune Responses Regulating The Response  
to Vascular

**Abdel Moneim Ibrahim**

**Cairo**

**19:05- 19:10** Discussion

**19:10- 19:25** Chronology Clock Genes and Cardiometabolic  
Risk

**Ashraf Reda**

**Menoufia**

**19:25- 19:30** Discussion

**19:30- 19:45** Mechanisms for the Anti-Inflammatory Effects of  
Statins

**Ahmed Shafie Ammar**

**Zagazig**

**19:45- 19:50** Discussion

Wednesday, 16-Nov-2011

**Coffee Break**

**19:50 - 20:05**

20:05- 21:25

### Session IV

#### Chairpersons (by alphabetical order)

Ahmed Rozza

Awni Soliman

Mohamed Gamal

Soliman Gharib

#### Moderator

Sherif El Tobgy

**20:05- 20:20** Metabolic and Functional Relevance of HDL  
Subspecies

**El Sayed Farag**

**Zagazig**

**20:20- 20:25** Discussion

**20:25- 20:40** LDL Glycation and Diabetic Atherosclerosis

**Sanaa Gazareen**

**Menoufia**

**20:40- 20:45** Discussion

**20:45- 21:00** Implementation of a Workplace Wellness  
Program in a Middle Eastern Company

**Rainer Arendt**

**Switzerland**

**21:00- 21:05** Discussion

**21:05- 21:20** Statin Therapy and The Risk of New Onset  
Typell DM

**Hesham Hassan**

**Menoufia**

**21:20- 21:25** Discussion

Thursday, 17-Nov-2011

10:00- 11:20

## Session V

WGLVR CME Program (EGYBAC Accredited)

### The New ESC/EAS Guidelines On The Management of Dyslipidemias

#### Chairpersons (by alphabetical order)

Abdel Rahman Sharaf

Emil Sadek

Khairy Abdel Dayem

Mohamed El Baz

Omar Awad

Walid Abdo

#### Moderator

M.Wafaie Aboul Enein

10:00 -10:15 Introduction, CV Risk, Laboratory and Treatment

M.Wafaie Aboul Enein

Zagazig

10:15- 10:20 Discussion

10:20-10:35 Lifestyle Modification, Drugs for Hypercholesterolemia

Nabil Farag

Ain Shams

10:35- 10:40 Discussion

10:40- 10:55 Drugs for Hypertryglyceridemia, and HDL

Ashraf Reda

Menoufia

10:55- 11:00 Discussion

11:00- 11:15 Management of Dyslipidemia in Different Settings and Monitoring

Nasser Taha

Al Menia

11:15- 11:20 Discussion

Thursday, 17-Nov-2011

11:20- 12:20

## Session VI

### Chairpersons (by alphabetical order)

Ahmed Shafie Ammar

Ebtihag Hamdy

Magdy El Masry

Ramzy El Mwardy

### Moderator

Galal El Saied

11:20- 11:35 Spotlight on PPAR Therapy in Cardiovascular Disease

Ahmed Zaghoul

Tanta

11:35- 11:40 Discussion

11:40- 11:55 Case Presentation: Familial Dyslipidemia

Tarek Naguib

Zagazig

11:55- 12:00 Discussion

12:00- 12:15 Bariatric Surgery Results in Obesity and Effects on Metabolic Parameters

Samir Wafa

Ain Shams

12:15- 12:20 Discussion

Thursday, 17-Nov-2011

**Lunch**

**12:30 - 14:30**

**Coffee Break**

**16:30 - 17:00**

17:00- 18:00

### Session VII

#### Chairpersons (by alphabetical order)

Hala Mahfouz

Hany Ragy

Helmy Bakr

Medhat El Ashmawy

Nashwa El Hagrassy

Wagdy Galal

**17:00- 17:15** Diabetes and Cardiovascular Disease: New Perspectives

**Sherif El Hawary**

**Cairo**

**17:15- 17:20** Discussion

**17:20- 17:35** Cardiovascular Event Reduction and Adverse Events Among Subjects Attaining Low Density Lipoprotein Cholesterol <50 mg/dl: The JUPITER Trial

**Ahmed Magdy**

**NHI**

**17:35- 17:40** Discussion

**17:40- 17:55** Cardiovascular Prevention in The Developing Countries

**Mohsen Ibrahim**

**Cairo**

**17:55- 18:00** Discussion

Thursday, 17-Nov-2011

18:00- 18:30

Sanofi Lecture

Chairpersons (by alphabetical order)

Ashraf Reda

Mohamed Sobhy

18:00- 18:20 Hypertention: A Major Public Health Issue

Hesham Aboul Enein

Banha

18:20- 18:30 Discussion

With compliments of



Thursday, 17-Nov-2011

18:30- 19:30

## Session VIII

### Chairpersons (by alphabetical order)

Gamila Mohamed Nasr

Hesham Aboul Enein

Hossam Kandil

Khairy Abdel Dayem

Saeed Shalaby

### Moderator

Ramzy El Mwardy

**18:30- 18:45** Statin/Ezetimibe Combination Therapy:  
Emerging Evidence

**Ihab Attia**

**Ain Shams**

**18:45- 18:50** Discussion

**18:50- 19:05** Omega III and CV risk reduction

**Omar Awad**

**Ain Shams**

**19:05- 19:10** Discussion

**19:10- 19:25** Role of HDL Raising Therapies in Progressive  
Atherosclerotic Disease

**Rainer Arendt**

**Switzerland**

**19:25- 19:30** Discussion

Thursday, 17-Nov-2011

**Coffee Break**

**19:30 - 19:45**

19:45- 20:15

### Servier Symposium

#### Chairpersons (by alphabetical order)

Adel El Etriby

Ashraf Reda

19:45- 20:10 The Dawn of a New Day in HF Management

Ramez Guindy

Ain Shams

20:10- 20:15 Discussion

With compliments of



Thursday, 17-Nov-2011

20:15- 21:15

## MSD Symposium

### Chairpersons (by alphabetical order)

Ashraf Reda

Medhat El Ashmawy

**20:15 - 20:45** Optimizing Anti-Platelet Therapy in Acute  
Coronary Syndrome Patients

Hany Ragy

NHI

**20:45- 21:15** Management of Dyslipidemia, What is the  
Evidence?

Sameh Shahin

Ain Shams

With compliments of



**Dinner**

**21:15**