



Cardiolipid2010

The 13th Annual Lipid Day & Interactive Cardiology Course
5th annual meeting of the working group for Lipidology, Vascular biology and Research (WGLVR)

10 –12 November 2010

Egypt

www.cardiolipid.com

www.cardioegypt.com

President of EGSC

Prof.M Sobhy,M.D.,FACC.

President of WGLVR

Prof.Ashraf Reda,M.D.,FESC

Congress chairman & WGLVR vice president

Prof.M. Wafaie Aboleineen,MD.,FACC.

Director of the scientific program

Prof.Ashraf Reda,MD,FESC.

Scientific boardmembers

Prof.Ihab AbdelFatah,MD.

Prof.Atef Elbahry,MD.

CardioLipid 2010**13th Annual Lipid Day & Interactive Cardiology Course****5th Annual meeting of the working group for Lipidology, Vascular biology and Research****10-12 November 2010**

Dear colleagues, it gives me a great pleasure to invite you to participate in CardioLipid 2010 which will be held at Stella De Mary convention centre, Elsokhna Egypt from 10 to 12 November 2010. In accordance with the objectives of the working group for lipidology, vascular biology and research (WGLVR), the meeting will focus on cardiovascular protection, the role of different therapeutic modalities with emphasis on intensive medical treatment in comparisons with other interventional therapies. Interactive case discussion will, as usual, be a significant part of the congress scientific program. On behalf of the working group for Lipidology, Vascular biology, and Research (WGLVR) let me wish you fruitful and enjoyable conference.

Ashraf Reda M.D.FESC

President of "WGLVR"

About the Lipid Day:

The annual lipid day has been started in 1998, the first meeting was held in Shebin ElKom, Menofiya attended at that time by about 80 experts in the fields of cardiology, Diabetes and cardiovascular protection. The extensive discussion during the meeting and the rapid progression of the knowledge in the field of lipidology and atherosclerosis raised the idea of repeating this meeting annually. From 1998 to 2003 the meeting was held annually in the second Thursday of Ramadan for one day activity. Since 2004 the Lipid day was joined by the annual interactive cardiology course discussing interesting cases with audio-reply system, not only in the field of lipidology, atherosclerosis and cardiovascular protection, but also in clinical and interventional cardiology. Since that time the meeting was held in [Stella-Di Mare](#) conventional centre , El Sokhna, Egypt in 3 days activity. During The 8th annual Lipid Day (2005) the idea and proposed design of a multi-center clinical survey of the risk factor profile in Egyptian and Arab patients with acute coronary syndrome (The Egyptian Risk Factors and Lipid project) was discussed. The 9th annual Lipid day (2006) celebrated the founding of the Egyptian working group for Lipidology, Vascular Biology and Research (WGLVR), as a division of the Egyptian Society of Cardiology. The name of the meeting has been changed to CardioLipid congress. CardioLipid 2006 included, in addition to the 9th annual Lipid Day and interactive Cardiology Coarse, the 1st annual meeting of the working group as well as the DeltaCardio activity of that year. From 2007 to 2009 the congress faculty included foreign guest experts and has been internationally recognized and accredited by EBAC

The Working Group for Lipidology, Vascular biology and Research "WGLVR"

- President elect: ***Ashraf Reda***
- Vice president: ***M.Wafaeie Aboul Enein***
- Nucleous: **Ashraf Reda-M. W. Aboelenane-Soliman Gharib-Ihab Abdelfatah-Atef Elbahry**

Founding members:

- | | |
|-----------------------------------|-----------------------------------|
| 1. Abdel Fatah Ferer | 47. Omnya Nael |
| 2. Abdel Monem Ibrahim | 48. Ramzy El Mawardy |
| 3. Adel El Etriby | 49. Safaa Zaghloul |
| 4. Abdala Abo Hashem | 50. Saeid Shalaby |
| 5. Ahmed Abdel Latif Ramadan | 51. Sameh Emil Sadek |
| 6. A. Abd El-Rahman Sharaf El Din | 52. Sanaa Abdel Shafy |
| 7. Ahmed Ahmed Khashaba | 53. Sherif El Tobgy |
| 8. Ahmed El Hawary | 54. Sherif Samir Moustafa El Zahy |
| 9. Ahmed Magdy | 55. Soliman Gharib |
| 10. Ahmed Mokhtar El-Kersh | 56. Tarek Abdel Moneam |
| 11. Ahmed Mohamed Emara | 57. Tarek El Rashidy |
| 12. Ahmed Mohamed Zyada | 58. Wael Mohamed El Naggar |
| 13. Alaa Eldin Ali Hataba | 59. Wahid Ahmed Radwan |
| 14. Aliaa Abdel Fattah | 60. Wagdy Abdel Hamid Galal |
| 15. Amany Serag | 61. Yasser Gomaa Mohamed |
| 16. Assem Fathy | 62. Wael Diaa Abo Shokka |
| 17. Ashraf Mohamed Badawi | 63. Wafaa Attia Al Hansy |
| 18. Ashraf Shokry Farid | 64. Walaa Farid |
| 19. Atef El Bahary | 65. El Sayed Abdel khalek |
| 20. Awni Gamal Soliman | 66. Hamza Kabil |
| 21. Ayman Aboul Magd | 67. Elwy Elkady |
| 22. Ayser AbdelAziz Elsayed | |
| 23. Galal El-Saeid | |
| 24. Gamila Mohamed Nasr | |
| 25. Hany Ragy | |
| 26. Hasan Ellaban | |
| 27. Hazem Khamis | |
| 28. Hisham Hassan | |
| 29. Hossam Mansour | |
| 30. Ihab Abdel Fatah | |
| 31. Ihab El Hefny | |
| 32. Kamal Mohamed Ahmed | |
| 33. Khalid El Minyaw | |
| 34. Khalid Salah Mubarak | |
| 35. Magdy Rashwan | |
| 36. Mahmoud Kamel Ahmed | |
| 37. Mahmoud Soliman | |
| 38. Mohamed Abdel Aziz Moharam | |
| 39. Mohamed Abdel Rahman | |
| 40. Mohamed Gamal Abdel Aziz | |
| 41. Mohamed Ayman Abdel Hay | |
| 42. Nabil Mohamed Farag | |
| 43. Nevine Mohamed El Gabry | |
| 44. Noshy Zaki Mikhael | |
| 45. Omer Awad | |
| 46. Omar Ismail | |

Our Mission

Lowering cholesterol in the community and,

Improving standards of patient care through,

Providing accurate medical information and,

Improving national data base by,

Developing and supporting medical research

Wednesday, 10/Nov/2010

13:30 – 14:30 Lunch

16:00 Tea Time

16:30 17:50 Hall: A

CME I: Lipidology Education program (Understanding the fundamentals of lipid metabolism)

❖ **Each presentation is followed by 5 minutes for comments and discussion**

Moderator: *Fayez Fayek*

Chairpersons *Abdallah Abou Hashem* *sameh Shaheen*
Ayman El Saeid
Magdy El Khadem *Sameh Emil*

16:30 - 16:45	LDL: The atherogenic lipoprotein	
	<i>Nasser Taha</i>	<i>Menia</i>
16:45 - 16:50	Discussion	
16:50 - 17:05	HDL metabolism	
	<i>Hesham Aboul Einein</i>	<i>Banha</i>
17:05 - 17:10	Discussion	
17:10 - 17:25	Non-HDL cholesterol as a therapeutic target	
	<i>Mohamed Wafaie A. Enein</i>	<i>Zagazig</i>
17:25 - 17:30	Discussion	

17:30 - 17:45 **Case presentation (Combined dyslipidemia case management)**

Mohamed Oraby

Suez Canal

17:45 - 17:50 **Discussion**

Wednesday, 10/Nov/2010

17:50 19:10 Hall: A

Plenary I: Lipidology and vascular biology

❖ *Each presentation is followed by 5 minutes for comments and discussion*

Moderator: **Mokhtar Gomaa**

Chairpersons *Ahmed Shafiea Ammar* *Hany Ragy*
 Salwa Roshdy *Samir Rafla*
 Soliman Ghareeb

17:50 - 18:05 **Managing the residual risk: The role of combination therapy**

Sameh Shaheen *Ain Shams*

18:05 - 18:10 **Discussion**

18:10 - 18:25 **Emerging CV genetic markers in clinical practice**

Omar Awwad *Ain Shams*

18:25 - 18:30 **Discussion**

18:30 - 18:45 **Current Targets and Treatment Gaps in Lipid Therapy: Focus on HDL-C**

Tarek El Zawawy *Alexandria*

18:45 - 18:50 **Discussion**

18:50 - 19:05 **Challenges in CVD Prevention: A Focus on the Cardiometabolic Risk Continuum**

Mahmoud Hassanein

Alexandria

19:05 - 19:10

Discussion

Wednesday, 10/Nov/2010

19:10

20:30

Hall:

A

Plenary II: Up dates in atherosclerosis and risk assessment

❖ *Each presentation is followed by 5 minutes for comments and discussion*

Moderator:

Ikram Sadek

Chairpersons

Hany Abdel Razek

Nabil Gobran

May Salama

Tarek Abdel Moneim

Wafaa Elarousy

19:10 - 19:25

Do we need to measure CIM thickness in high risk patients?

Mohamed Awad Taher

Ain Shams

19:25 - 19:30

Discussion

19:30 - 19:45

Novel proinflammatory pathways within atherosclerotic plaques

Abdel Moneim Ibrahim

Cairo

19:45 - 19:50

Discussion

19:50 - 20:05

hs- CRP: Value and limitations

Mohamed Gamal

Assiut

20:05 - 20:10

Discussion

20:10 - 20:25

Coronary calcification and CV risk

Nabil Farag

Ain Shams

20:25 - 20:30

Discussion

Wednesday, 10/Nov/2010

20:30-20:45 Coffee Break

20:45

22:05

Hall:

A

Plenary III: Lipid lowering therapies

❖ Each presentation is followed by 5 minutes for comments and discussion

Moderator: *M K Abdeldayem*

Chairpersons *Ahmed Roza* *Ayman Saleh*
Montaser Al Cekelly *Ragheb Mahfouz*
 Ahmed Zaghlool

20:45 - 21:00 **Mipomersen, a new agent that reduces Lp (a) as well as LDL**

Atef El Bahary

Port Said

21:00 - 21:05 **Discussion**

21:05 - 21:20 **Ezetimibe controversy**

Ahmed Magdy

NHI

21:20 - 21:25 **Discussion**

21:25 - 21:40 **Fibrates: Do they have a role?**

Gamal Abul Nasr

NHI

21:40 - 21:45 **Discussion**

21:45 - 22:00 **Vascular benefits of NIACIN**

Ihab Attia

Ain Shams

22:00 - 22:05 **Discussion**

Wednesday, 10/Nov/2010

22:30

Dinner & Opening Ceremony

Chairpersons

Aly Ramzy
Mohamed Sobhy

Ashraf Reda
Mohamed Wafaie A. Enein

Thursday 11/Nov/2010

8:00-10:00 Breakfast

10:30 11:30

Hall: A

Clinical trials session

❖ Each presentation is followed by 5 min. for discussion

Moderator: *Samir Abdel Kader*

Chairpersons *Hala Mahfouz* *Samir Wafa* *Mohamed El Gawady*
Sayed Farag

Taek Naguib

10:30 - 10:40	ACCORD <i>Hossam Kandil</i>	<i>Cairo</i>
10:40 - 10:45	Discussion	
10:45 - 10:55	ARBITER -6 HALTS <i>Hesham Aboul Einein</i>	<i>Banha</i>
10:55 - 11:00	Discussion	
11:00 - 11:10	BARI 2D <i>Ihab Abdel Fattah</i>	<i>Menoufiya</i>
11:10 - 11:15	Discussion	
11:15 - 11:25	RECORD <i>Ossama Sanad</i>	<i>Banha</i>
11:25 - 11:30	Discussion	

Thursday, 11/Nov/2010

11:30

12:30

Hall:

A

Plenary IV: Lipid lowering and complications

❖ *Each presentation is followed by 5 minutes for comments and discussion*

Moderator: *Wagdy Galal*

Chairpersons *Abdelrahman Sharaf*
Khaled Shoukry

Kawkab Khedr
Mohamed El Baz

Reda El Essawy

11:30 - 11:45 **STATINS IN LIVER DISEASE?**

Medhat El Ashmawy

Tanta

11:45 - 11:50 **Discussion**

11:50 - 12:05 **STATINS: INCREASE INCIDENCE OF DIABETES!**

Nabil El Kafrawy

Menoufiya

12:05 - 12:10 **Discussion**

12:10 - 12:25 **Combination therapy and complications**

Atef El Bahary

Port Said

12:25 - 12:30 **Discussion**

Thursday, 11/Nov/2010

12:30 13:30

Hall: A

Plenary V: Vascular Biology: Plaque assessment

❖ Each presentation is followed by 5 min. for discussion

Moderator: *Galal El Saied*

Chairpersons

*Amr Zaki
Ibtihag Hamdy*

*Gamal Abul Nasr
Mohamed Seteiha*

Ali ElAbd

12:30 - 12:45	IVUS Case <i>Mohamed Sobhy</i>	<i>Alexandria</i>
12:45 - 12:50	Discussion	
12:50 - 13:05	MSCT Case <i>Adel El Etriby</i>	<i>Ain Shams</i>
13:05 - 13:10	Discussion	
13:10 - 13:25	FFR Case <i>Hany Ragy</i>	<i>NHI</i>
13:25 - 13:30	Discussion	

14:00- 17:00 Lunch/free time

17:00 Tea time/Afternoon session

Thursday, 11/Nov/2010

17:20

18:20

Hall:

A

Plenary VI: Lipidology

❖ Each presentation is followed by 5 min. for discussion

Moderator: *Emil Sadek*

Chairpersons

Abdallah Abou Hashem

Ahmed El Hawary

Ayman Abouelmagd

Nashwa El Hagrassy

Ali Saad

17:20 - 17:35 **ABO- B & A-I: The predictive value**

Yehia Keshk

Assiut

17:35 - 17:40 **Discussion**

17:40 - 17:55 **The Future of lipid lowering therapy**

Ramzy El Mawardy

Ain Shams

17:55 - 18:00 **Discussion**

18:00 - 18:15 **Management of Dyslipidemia in a pregnant Lady**

El Sayed Farag

Zagazig

18:15 - 18:20 **Discussion**

Thursday, 11/Nov/2010

18:30

19:30

Hall:

A

Plenary VII:

❖ Each presentation is followed by 5 min. for discussion

Moderator: *Wagdy Ayad*

Chairpersons *Helmy Bakr*
Moustafa Nawar
Diaa Elmenshawy

Hossam El Shaer
Saeid Shalaby

18:30 - 18:55 **Cardiovascular disease in the Middleeast**
Mohsen Ibrahim *Cairo*

18:55 - 19:00 **Discussion**

19:00 - 19:25 **Metabolic Syndrome 2010**
Khairy Abdel Dayem *Ain Shams*

19:25 - 19:30 **Discussion**

Thursday, 11/Nov/2010

18:30 19:45

Hall: B

CME II: Cardiovascular Aspects of CKD

Moderator: Sherif Eltobgy

Chair persons: Ashraf Reda

Ramzy Hamed Elmawardee

Mohamed Wafaie Aboleineen

❖ Each presentation is followed by 5 min. for discussion

18:30 - 18:50 **Pathophysiology and management of Diabetic Nephropathy.**

Gamal Saady

Cairo

18:50 - 18:55 **Discussion**

18:55 - 19:15 **Lipid Lowering Therapy in CKD**

Ahmed Taha

Zagazig

19:15 - 19:20 **Discussion**

19:20 - 19:40 **Cardiovascular drug Therapy in CKD**

Karim Mahmoud

Cairo

19:40 - 19:45 **Discussion**

Thursday, 11/Nov/2010

20:00

21:00

Hall:

A

Symposiums I

❖ Each presentation is followed by 5 min. for discussion

Chairpersons

Ashraf Reda
Ahmed Moafy

Ramez Guindy
Adel ElEtriby

20:00 - 20:20

20:20 - 20:25 **Discussion**

20:25 - 20:45

20:45 - 20:50 **Discussion**

Thursday, 11/Nov/2010

20:50 21:30

Hall: B

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Symposium II

Chairpersons

*Khalid Abdel Bary
Mohamed Sobhy*

*Mahmoud Hassanein
Ashraf Reda*

20:50 - 21:05

21:05 - 21:10 **Discussion**

21:10 - 21:25

21:25 - 21:30 **Discussion**

Thursday, 11/Nov/2010

21:10

22:10

Hall:

A

Plenary VIII: Diabetes and CV risk

Moderator: *Fahmy Amara*

Chairpersons *Abdel Fattah Ferer*
Mohamed Khattab
Samir Helmy Assaad

Yehiya Ghanem

21:10 - 21:25 **Does treating Dysglycemia Improves CV outcomes?**

Mohamed Khattab

21:25 - 21:30 **Discussion**

21:30 - 21:45 **Are Transfats Always harmful ?**

Sanaa Gazaren

Menoufiya

21:45 - 21:50 **Discussion**

21:50 - 22:05 **Glitazone and CV risk**

Nabil El Kafrawy

Menoufiya

22:05 - 22:10 **Discussion**

Friday, 12/Nov/2010

10:00 11:30

Hall: A

Young Investigators Forum

Chairpersons

Mohamed Sobhy

Sherif El Tobgi